Asian American Drug Abuse Program, (AADAP, Inc.)
13931 Van Ness Ave.,
Gardena, CA 90249

Youth Outpatient
Treatment (YOT)

FREE Services
for
Mental Health Counseling
&
Drugs/Alcohol Counseling

AADAP, INC.
Asian American
Drug Abuse Program
Youth Outpatient
Treatment
(YOT)

13931 Van Ness Ave
Gardena, CA 90249
Phone: (310) 768-8018
Fax: (310) 768-4170
www.aadapinc.org

Programs are funded/certified by:
♦ Los Angeles County Substance Abuse Prevention And Control (SAPC)
♦ Los Angeles County Department of Mental Health (DMH)
♦ Certified Accreditation of Rehabilitation Facilities (CARF)

Revised 7/26/16
**DRUGS/ALCOHOL**

**Prevention Classes (Low Risk)**
Children/youth ages 8 to 20 exposed or beginning to experiment with drugs or alcohol are eligible to receive drug/alcohol education. Services are offered in a small group setting.

Interventions:
- 10 drug & alcohol topics
- Once per week
- Length of services 2 ½ months
- Services are provided at the center and at a few local schools
- No cost for services

**Counseling/Treatment (High Risk)**
Youth ages 12 to 20 with a moderate to serious drug & alcohol problem are eligible to receive outpatient counseling. Parent/family involvement is strongly recommended.

Interventions:
- Individual counseling
- Family counseling
- Group counseling
- Sober Activities
- Urinalysis/drug testing
- After-Care Services
- Length of services is 6 mths to 1 yr.
- Services are provided at the center
- No cost for services

**MENTAL HEALTH**

**Counseling/Therapy (Low & High Risk)**
Children/youth ages 5-20 that are experiencing emotional and/or behavioral problems are eligible for outpatient counseling/therapy. In home and field-based services are available.

Interventions:
- Early & Periodic Screening, Diagnosis, & Treatment (EPSDT) ages 5 – 20
  Treats most psychological or emotional problems
- Triple-P (Positive Parenting Program (PPP) ages 5 – 15
  Treats parenting/behavioral problems with the child
- Trauma Focused Therapy (TF-CBT) ages 5 – 18
  Treats trauma related problems
- Field Capable Clinical Services (FCCS) ages 5 – 15
  Treats those in Foster Care, Co-Occurring Substance Abuse, Juvenile Justice Involved, & Trauma problems

Our psychiatrist performs evaluations and prescribes medications when needed. Average length of counseling/therapy 4-12 months.

**PRESENTATIONS**
- Mental health & drugs/alcohol education & awareness
- Outreach to schools, service providers, families, & communities

**FEES:**
- No cost for Prevention Classes
- No cost for Drug Counseling
- Medical Insurance for Mental Health Counseling/Therapy

**HOURS:**
- Mon, Wed, Fri 10am-7pm
- Tue, Thu 10:30am-7:30pm
- To make an appointment please call (310) 768-8018

**SERVICE AREA:**
- SPA 8 (Beach Cities, Long Beach, Harbor City)
- Open to other SPA areas

**METHICAL & DRUGS/ALCOHOL Services**

**MENTALHEALTH**

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**English & Spanish services are available**